



Great Questions to Ask College Coaches:

- **Is there an upcoming virtual or in-person recruiting event I can attend?**
- **Where do you see the program in the next 5 years?**
- **What do you look for in your recruits?**
- **What kind of support is available for student athletes?**
- **Can we schedule a Zoom call or Facetime?**
- **What does a typical practice look like?**
- **What is your team culture like?**
- **How would you describe the campus environment?**
- **How are academic and athletic conflicts handled?**
- **Are certain majors off limits for field hockey athletes?**
- **What is your coaching philosophy?**
- **What are our next steps?**
- **{if you think you know your major} I see on the roster that there are two nursing majors on the team - this is a major I am strongly considering. I assume this is a major field hockey athletes can pursue while being on the team? {if coach says yes:} Are there typically any conflicts with this nursing major for practice or games?**
- **{goalies}: Are you looking to recruit a goalkeeper my year?**

what not to do:

- For DI coaches - DON'T ask any of these types of questions until June 15th after your sophomore year. Prior to this date, DI coaches cannot answer questions.
- Don't ask about scholarships until you have a more in-depth relationship with the coach and have had a formal meeting/facetime with them.
- Don't ask coaches a question you can find out by googling or a quick research on your own. IE, questions not to ask: "how many students attend the school?", "how many goalies do you have on your roster at the moment", "how many away games do you have each season". etc.
- Parents shouldn't ask any questions until the final stages of recruiting. Usually the coach will invite the parents to a meeting and this is a great time for parents to ask questions. Most of the talking and questions should be from the athlete at this meeting however.